

Summer 2018 Disabilities Education Programme 5 July to 16 August



The Summer 2018 Disabilities Education Programme, scheduled from 5 July to 16 August, includes a wide range of educational offerings for individuals with physical, learning and developmental difficulties to help them discover new ways of self-expression through art. Designed for participants ranging from 7 to 30 years of age, all workshops are facilitated by experienced professionals.

All Sharjah Art Foundation events are free and open to the public. Materials and equipment for the workshops are provided by the foundation.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included in all Education and Community Programme descriptions to indicate the accessibility of individual sessions.

Key to symbols:



Person who is blind or has low vision



Person who is deaf, hard of hearing or has auditory disorders



Person with physical disabilities



Person with Down's syndrome



Person with autism spectrum disorder (ASD)

[Kindly contact us in advance for any support the participant will need during the course or workshop.](#)

For further information, email disabilities@sharjahart.org or call (06) 5685050.

Workshop: Making Wall Hangings with Craft Sticks

Thursday, 5 July 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+

In this workshop, participants will use colourful threads and craft sticks, and they will paint to create a vibrant wall hanging, which they can take home to decorate their space. The artwork will be based on a model provided by the instructor.



Workshop: Drawing the Rhythm

Tuesday, 10 July 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+

Listening to a variety of musical pieces, participants in this workshop will transform the music into works of visual art, using a mixture of paints, coloured pencils and markers. This workshop will encourage creative expression.



Family Workshop: Upcycled Bird Feeders

Saturday, 14 July 2018

10:00 am–12:00 pm

Gallery 5, Al Mureijah Square

All ages

Participating families will upcycle juice and milk cartons to create bird feeders they can hang on trees in The Urban Garden, Al Mureijah Square. They will decorate and colour the cartons and then fill them with food and water. This activity for all family members aims to promote kindness to animals

Accessible for all

Workshop: Pressing Dried Flowers in Glass

Monday, 16 July 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 16+

Taking inspiration from nature, participants will press dried flowers between two panes of glass to create a unique wall hanging that gives the impression of floating flowers. This workshop is an opportunity for participants to develop design skills and create an artwork that can decorate the home.



Workshop: Painting on Egg Cartons to Make Cubist Art

Monday, 23 July 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 16+

Experimenting with an innovative canvas, participants will paint various designs and flower patterns on large egg carton trays, leaving behind a 3D cubist effect. This workshop aims to encourage recycling.



Workshop: Food Fun

Monday, 30 July 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+

In this workshop, participants will explore a different kind of art: creating playful and artistic designs on plates with a variety of fresh fruits and toppings. Participants will also have the chance to see how refreshing summer drinks are made—with an added bonus. They get to drink them!



Workshop: Making Reliefs with Leaves

Thursday, 9 August 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 13+

In this workshop, participants will learn about relief art by rubbing coloured crayons over different kinds of tree leaves, which have been placed under sheets of white paper. After exposing the outlines of different kinds of leaves, participants will place their different leaf shapes in a frame to create a colourful artwork inspired by nature.



Family Workshop: Eid Al Adha Advent Calendars

In collaboration with the Children's Education Programme

Saturday, 11 August 2018

10:00 am–12:00 pm

Gallery 5, Al Mureijah Square

Ages: 7–15

As part of the celebration preceding Eid Al Adha, participants in this workshop will make a countdown calendar for the ten blessed days of Dhu Al Hijjah, which lead up to the Eid Al Adha holiday. For each day, participants will make a mini folder that asks them to do a good deed.

Accessible for all

Workshop: Making Art with Coloured Bubbles

Thursday, 16 August 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+

Participants will discover a world of colours and shapes with soap bubbles mixed with food colouring. They will create a unique artwork by blowing the bubbles onto the paper and observing the effects they cause.

