

Winter 2019 Education Programme for People with Disabilities 5 January–28 February 2019

The Winter 2019 Education Programme for People with Disabilities, scheduled from 5 January to 28 February, includes a wide range of educational offerings for individuals with physical, learning and developmental difficulties. The workshops are designed to help people with disabilities aged 3 and above to discover new ways of self-expression through art. All workshops are facilitated by experienced professionals, and sessions are conducted in English and Arabic, according to the needs of the participants.

For winter 2019, the Education Programme for People with Disabilities is offering new early intervention workshops every Thursday. In January, the Thursday workshops will follow the theme 'Action Art' and encourage participants to explore art techniques that involve movement. In February, the Thursday workshops will fall under the theme 'Four Senses February'. Each of the four weekly workshops will focus on one of the senses (i.e. sight, sound, touch, smell), and participants will create art related to that sense.

Workshops organised by the Education Programme for People with Disabilities are free and open to the public. Materials and equipment for the sessions will be provided by the foundation. The workshops all take place in the Emirate of Sharjah, either in Al Mureijah or Arts Square in the city of Sharjah or in Al Hamriyah.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included in all Education and Community Programme descriptions to indicate the accessibility of individual sessions.

Key to symbols:



Blindness or low vision



Hearing impairment



Physical disabilities



Down syndrome



Autism spectrum disorder (ASD)

Kindly contact the Education Programme for People with Disabilities in advance to arrange any support needed during the workshops.

For further information, email disabilities.education@sharjahart.org or call (06) 5685050.

Winter 2019 Sessions

Workshop: Thoughts and Maps

Saturday, 5 January 2019

10:00 am–12:00 pm

Collections Building, Arts Square

Ages: 6–10



After learning about the artist Frank Bowling and his artwork focusing on maps, participants will walk from the Collections Building through the Old Souq. After their walk, they will transform their path into a map, using their imaginations to design its features and colours. This workshop aims to enhance the participants' geographical knowledge while also building a positive attitude towards creativity.

Workshop: Sharjapan-Inspired Art

Monday, 7 January 2019

10:00 am–12:00 pm

Al Hamriyah Studios, Al Hamriyah

Ages: 7+



Inspired by the Sharjapan exhibition, this workshop will allow participants to follow in the footsteps of artist Asami Kiyokawa by producing art pieces that merge books and art. This workshop will include a quick tour of the artist's works, followed by a workshop in which participants will be given coloured threads as well as newspaper texts and images to create beautiful art pieces they can take home.

Workshop: Spin Painting

Thursday, 10 January 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



In Spin Painting, the first workshop in the Action Art series, participants will produce colourful swirl paintings. They will use paint and spinners to mix the colours and create dynamic works of art with abstract patterns.

Workshop: Calligraphy Art

Monday, 14 January 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+



In this workshop, participants will learn how to draw and decorate Arabic calligraphic letters. They will discover creative ways to develop their skills in Arabic calligraphy, including decorating letters with gilding, which reflects the prestige and importance of Arabic calligraphy.

Workshop: Freeze Dance Painting

Thursday, 17 January 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



In this playful Action Art workshop, participants will paint to the beat of some catchy tunes. When the music stops, participants have to freeze in their spots. This work aims to promote auditory discrimination and spark creativity.

Workshop: Stop Motion Animation

In collaboration with FUNN -- Sharjah Media Arts for Youth and Children

Monday, 21 January 2019

10:00 am–12:00 pm

Gallery 2, Al Mureijah

Ages: 11+



Coinciding with Sharjah Film Platform, this workshop will introduce participants to techniques used in stop motion animation. They will imagine, create and animate using clay, cartoon images and candy.

Workshop: Drawing in Motion

Thursday, 24 January 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



In the third Action Art workshop, participants will follow a new trend that transforms body movement into drawings. They will experience performance art by painting whilst lying on a canvas.

Family Workshop: Upcycled Bird Feeders

Saturday, 26 January 2019

10:00 am–12:00 pm

The Urban Garden, Al Mureijah Square

All ages



Participating families will upcycle juice and milk cartons to create bird feeders they can hang on trees in The Urban Garden, Al Mureijah Square. They will decorate and colour the cartons and then fill them with food and water. This activity for all family members aims to promote kindness to animals.

Workshop: Interpreting and Expanding on Famous Works of Art

Monday, 28 January 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+



Using printed images from famous works of art, participants in this workshop will make a collage on top of the images, or they will paint or draw their own interpretations of how they would like the work to look. This workshop aims to help attendees think about artworks and how one can take inspiration from them to create new pieces.

Workshop: Creating Drip Paintings

Thursday, 31 January 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages 3–6



In the final workshop of the Action Art series, participants will produce work in the style of Jackson Pollock's colourful drip paintings. They will be given little bags of paint tied to a rope, which they will use to create their own abstract shapes by dripping the paint onto a canvas.

Workshop: Theory of Mind Art

Monday, 4 February 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Theory of mind is the ability to recognize that others have beliefs, thought processes, identities and emotions completely separate from our own. In this workshop, participants will reflect on their personal identity as well as the identities of those closest to them by creating art work depicting themselves, their families and their caretakers. Participants will be encouraged to recognize unique traits of each individual and represent those in their art.

Workshop: Making Slime

Thursday, 7 February 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



Four Senses February will start off with slime-making. In this fun workshop, participants will explore the sense of touch. They will learn how to make slime and experiment with its texture by adding beads and glitter, among other materials. They can then take their customized slime home.

Family Workshop: Fashion Collage

Saturday, 9 February 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+



In this workshop, fashionistas and the fashion savvy will get the chance to play designer. Participants will work on their own fashion sketches and create the outfits of their dreams from scratch. Once the designs have been sketched, participants will be able to choose the fabrics or materials of their choice to create a collage and add the finishing touches to their creations.

Workshop: Musical Chairs Painting

Monday, 11 February 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, the traditional musical chairs game gets an artsy spin. No one is eliminated, and everyone paints to the beats, harmonies and emotions of the music. By the end of the workshop, participants will have collaboratively painted artworks inspired by the music.

Workshop: Making Scented Play Dough

Thursday, 14 February 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



In this Four Senses February workshop, participants will explore and discover a variety of scents using play dough. They will create their own scented play dough, adding fragrant substances such as coffee beans and cinnamon.

Workshop: Feeling and Hearing Rain

Monday, 18 February 2019

9:00 am–12:00 pm

Meeting point: Art for All Centre, Al Mureijah

Ages 7+



In this two-part workshop, participants will first visit Sharjah Art Foundation's Rain Room to experience how rain sounds and feels. Then they will head back to the Art for All Centre to create their own rain sticks to take home as a souvenir.

Workshop: Hear the Rain

Thursday, 21 February 2019

10:00 am–11:00 am

Meeting point: Art for All Centre, Al Mureijah

Ages: 3–6



For this week's Four Senses February workshop, participants will visit Sharjah Art Foundation's Rain Room to hear and experience rain.

Family Workshop: Capture Colour Photography

Saturday, 23 February 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

All ages



In this family activity and competition, participants will be assigned to teams and tour the art areas, galleries and SAF neighbourhood to take photos. Each team will be assigned one colour and asked to photograph anything they see in that colour. At the end of the tour, the quality and quantity of each team's photos will be compared, and a winning team will be announced.

Workshop: Make Your Own Sock Doll or Stuffed Animal

Monday, 25 February 2019

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, participants will learn how to turn colourful socks and felt into dolls or stuffed animals. They can take their creations home at the end of the session.

Workshop: Scratch Art

Thursday, 28 February 2019

10:00 am–11:00 am

Art for All Centre, Al Mureijah

Ages: 3–6



The last sense to be explored in Four Senses February is sight. In this workshop, participants will produce colourful drawings using scratch pads of their own creation. They will scratch designs on a black surface to reveal the colours underneath and create a colourful artwork.