

## Winter 2020 Courses, Workshops and Excursions Programme for People with Disabilities

18 January–7 March 2020

Sharjah Art Foundation offers a range of courses, workshops, excursions and other activities for individuals with physical, learning and developmental difficulties. Designed for participants aged three and above, the various sessions aim to help people with disabilities discover new ways of self-expression through art. All sessions are facilitated by experienced professionals in English and/or Arabic, depending on the needs of the participants. Most sessions take place in the Art for All Center, Al Mureijah Square, but some will be held in Sharjah Art Foundation spaces or other venues.

The Winter 2020 Programme for People with Disabilities, scheduled from 18 January to 7 March, includes courses and workshops in sculpture, drawing, painting and photography as well as an excursion to Kalba and gardening and performance activities.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability symbols are included in session descriptions to indicate accessibility.

Key to symbols:



Vision impairment



Hearing impairment



Physical disabilities



Down syndrome



Autism spectrum disorder (ASD)

*Kindly contact the Programme for People with Disabilities/disabilities programme organisers in advance to arrange for any support needed during the sessions.*

To learn more about the programme, email [disabilities.education@sharjahart.org](mailto:disabilities.education@sharjahart.org) or call (06) 568 5050.

To register, please click [here](#).

All sessions in the Programme for People with Disabilities are free and open to the public. Materials are provided by the foundation.

## SESSION DESCRIPTIONS

### Introduction to Sculpture

Course for People with Disabilities

**Dates:** Saturdays, 18 January - 8 February 2020

**Timings:** 10:00 am – 12:00 pm

**Location:** [Arts for All Center, Al Mureijah Square](#)

**Ages:** 7+

**Languages:** English and Arabic



In this course, participants will learn the basic sculpture techniques needed to create a variety of shapes and objects in clay. They will be encouraged to tap into their individual cultures and bring their heritage to life in their work. At the end of the course, they will be able to take their sculptures home.

### The Joy of Gardening

Family Workshop for People with Disabilities

**Date:** Saturday, 25 January 2020

**Timings:** 12:30 pm–2:30 pm

**Location:** [The Urban Garden, Al Mureijah Square](#)

**Ages:** All ages

**Languages:** English and Arabic



Gardening gives participants an opportunity to learn important life skills such as responsibility and patience. It is also a great way to develop environmental awareness. In this workshop, participants will learn the basics of gardening and gain an understanding of how to grow seasonal vegetables, fruits and flowers. They will be involved in every step of the process as they learn to care for their plants by watering, weeding and harvesting their crop.

### How to Draw Manga

Workshop for People with Disabilities

**Date:** Saturday, 1 February 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Arts for All Center, Al Mureijah Square](#)

**Ages:** 6+

**Languages:** English and Arabic



This workshop focuses on manga comics and graphic novels, which are at the heart of Japanese pop and entertainment culture. In this workshop, participants will learn about the art of Japanese manga and then use manga techniques to create their own comic strips.

## Open Mic Night

Performance Activity **for People with Disabilities** (in conjunction with Programme for Youth and Adults)  
With Blank Space

**Date:** Friday, 7 February 2020

**Timings:** 6:30 pm–10:00 pm

**Location:** [Mirage City Cinema, Al Mureijah Square](#)

**Ages:** 15+

**Languages:** English and Arabic



In collaboration with Blank Space, Sharjah Art Foundation invites poets, musicians, performers and comedians, with all levels of experience, to join in an open mic at Mirage City Cinema.

Blank Space is a community-driven open mic initiative co-founded by Mohammed Abdelhakam and Mathani Mohamed to showcase music, spoken word poetry, stand-up comedy and other performance arts.

## Souq Mapping 1 – Mixed Media

Workshop for Children and People with Disabilities

**Date:** Saturday, 8 February 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Bait Obaid Al Shamsi, Arts Square](#)

**Ages:** 11–15

**Languages:** Arabic and English



## Souq Mapping 2 – Mixed Media

Workshop for People with Disabilities

**Date:** Tuesday, 11 February 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Bait Obaid Al Shamsi, Arts Square](#)

**Ages:** 11–15

**Languages:** Arabic and English



Mapping is an old technique used to document routes and roads. Inspired by the work of artist Marwan Rechmaoui, this workshop will give participants an opportunity to learn the process of creating an artistic map. They will start with a walk from Souq Al Shanasiyah to Bait Obaid Al Shamsi, after which they will create their map using a variety of materials, including found objects from the souq, paper scraps and other art mediums.

## Imaginary Landscapes 1

Workshop for People with Disabilities

**Date:** Tuesday, 18 February 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Collections Building, Arts Square](#)

**Ages:** 6+

**Languages:** Arabic and English



## Imaginary Landscapes 2

Workshop for Children and People with Disabilities

**Date:** Saturday, 22 February 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Collections Building, Arts Square](#)

**Ages:** 6–10

**Languages:** Arabic and English



Inspired by two March Project 2019 artists, Asma Belhamar and Filwa Nazer, participants will use patterned fabrics and acrylic paint to construct an imaginary landscape artwork. The fabric will be used as a canvas, and its pattern will serve as a starting point for the participants to combine paint with patterns to create a unique work.

## Landscape Photography in Kalba

Excursion and Workshop for People with Disabilities

**Date:** Saturday, 24 February 2020

**Timings:** 10:00 am – 1:00 pm

**Meeting point:** [Collections Building, Arts Square](#)

**Ages:** All ages

**Languages:** Arabic and English



Located 116 km from Sharjah, kalba mangroove reserve forest is the perfect spot to explore nature and learn about landscape photography. In this workshop, participants will learn the basics of photography and some tricks for photographing nature. Participants must bring their own cameras. Transportation to and from Kalba will be provided.

## The Performing Arts

Workshop for Children and People with Disabilities

**Date:** Saturday, 7 March 2020

**Timings:** 11:00 am–1:00 pm

**Location:** [Collections Building, Arts Square](#)

**Ages:** 6–15

**Languages:** Arabic and English



In this workshop, participants will be introduced to the performing arts. They will start by practising some exercises that will help them understand what the performing arts are. Later in the workshop, they will work in groups, and each group will compose and present a short performance. Participants will be introduced to a new form of art through which they can express their emotions.

## Comic Artist Meetup

Meetup for People with Disabilities (in conjunction with Programme for Youth and Adults)

**Date:** Saturday, 7 March 2020

**Timings:** 3:00 pm–6:00 pm

**Location:** [Bait Obaid Al Shamsi, Arts Square](#)

**Ages:** 16+

**Language:** English



Emerging and established comic artists based in the UAE are invited to join this meetup to share, critique and discover one another's work and build a network of peers in Sharjah. During the meetup, each participant will contribute a comic, which will be combined with those by other participants to create a comic story. This meetup is an excellent opportunity for the artists to receive feedback on their ongoing work, discuss challenges, and exchange tips and tricks of the trade in a relaxed environment. Artists are encouraged to bring a number of works to share with the rest of the group.