

## Winter 2020 Courses, Workshops and Excursions Programme for Youth and Adults

11 January–14 March 2020

Sharjah Art Foundation's courses, workshops and excursions for youth and adults offer opportunities for participants to enjoy and appreciate contemporary art within the context of Sharjah's rich artistic heritage and dramatic landscapes. Designed for participants aged 15 and older, sessions are conducted in English and/or Arabic, depending on the needs of the group.

The courses, workshops and excursions take place in and around foundation spaces in the city of Sharjah and at six Art Centres across the emirate. The Art Centres are located in Al Hamriyah, Al Dhaid, Al Madam, Dibba Al Hisn, Khorfakkan and Kalba.

During the winter 2020 season, running from 11 January to 14 March, participants can develop their skills in painting, drawing, calligraphy, sculpture and photography; work directly with a March Project artist to learn about research methods; experience traditional Emirati cooking; take part in performances; and meet up with like-minded artists, photographers and art enthusiasts.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included with all session descriptions

Key to symbols:



Vision impairment



Hearing impairment



Physical disabilities



Down syndrome



Autism spectrum disorder (ASD)

To learn more about the Programme for Youth and Adults, email [education@sharjahart.org](mailto:education@sharjahart.org) or call (06) 568 5050.

All courses and workshops offered by the Programme for Youth and Adults are free and open to the public. Materials are provided by the foundation.

## TALKS AND SYMPOSIA

### **Filwa Nazer: A Practice in Transition**

Talk for Adults

**Date:** Saturday, 18 January 2020

**Timings:** 11:00 am – 1:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 18+

**Languages:** English and Arabic

In this talk, artist Filwa Nazer will speak about the conceptual and pragmatic influences that led to the transition of her practice from digital print and collage to textiles. She will also discuss how she has been able to use tools from her fashion design background for artistic expression. Finally, she will share her working process—from research to writing to sketching—and the challenges she faced during March Project 2019, when she created her first site-specific work for Sharjah Art Foundation's Bait Al Hurma.

## COURSES

### **Painting and Drawing (Beginners)**

Course for Youth and Adults

**Dates:** Sundays to Thursdays, 12 January–31 March 2020

**Timings:** 10:00 am–12:00 pm or 5:00 pm–7:00 pm (Each session is offered twice.)

**Location:** Al Hamriyah Art Centre, Kalba Art Centre, Al Dhaid Art Centre, Al Madam Art Centre

**Ages:** 15+

**Language:** Arabic



This course is an introduction to the world of art through drawing and painting. Participants will learn the basic elements of a work of art, including line, form, composition and the perception of shadow and light through tonalities of colour. They will also create artworks with themes from nature using a variety of materials (e.g. pencils, erasers and putty).

## Principles of Arabic Calligraphy (Beginners)

Course for Youth and Adults

**Dates:** Sundays to Thursdays, 12 January–31 March 2020

**Timings:** 10:00 am–12:00 pm or 5:00 pm–7:00 pm (Each session is offered twice.)

**Location:** Al Dhaid Art Centre, Al Madam Art Centre, Al Hamriyah Art Centre, Dibba Al Hisn Art Centre, Kalba Art Centre, Khorfakkan Art Centre

**Ages:** 15+

**Language:** Arabic



In this course, participants will be introduced to a simplified version of an Arabic calligraphic script as well as techniques and tools used in calligraphy (e.g. reed pens, metal pens, inks, silk threads and fused paper). They will also receive training in how to use these tools, particularly the way to sharpen reed pens and make them ready for writing. They will focus on *Ruqa'a* script since it is the basis of all other scripts.

## Sculpture (Beginners)

Course for Youth and Adults

**Dates:** Sundays to Wednesdays, 12 January–31 March 2020

**Timings:** 10:00 am–12:00 pm or 5:00 pm–7:00 pm (Each session is offered twice.)

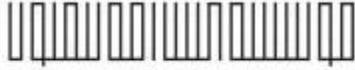
**Location:** Al Hamriyah Art Centre

**Ages:** 15+

**Language:** Arabic



This course is an introduction to sculpture in both two-dimensional and three-dimensional forms. Participants will learn the foundations of sculpture and gain an understanding of how to use and shape clay. They will also explore the sculptural uses of gypsum, its treatment and the relationship between mass and vacuum.



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## **Ceramics (Beginners)**

Course for Youth and Adults

**Dates:** Sundays to Thursdays, 12 January–31 March 2020

**Timings:** 10:00 am–12:00 pm or 5:00 pm–7:00 pm (Each session is offered twice.)

**Location:** Al Madam Art Centre, Al Hamriyah Art Centre, Dibba Al Hisn Art Centre, Kalba Art Centre, Khorfakkan Art Centre

**Ages:** 15+

**Language:** Arabic



This course will introduce participants to basic techniques for making ceramics. They will learn about slab making, hand and wheel throwing, and surface decoration so they can create their own ceramic artworks. They will also focus on understanding and implementing the processes, aesthetics, functions and forms of ceramic art.

## **Sewing Techniques (Beginners)**

Course for Youth and Adults

**Dates:** Wednesdays and Thursdays, 5–27 February 2020

**Timings:** 10:00 am–12:00 pm

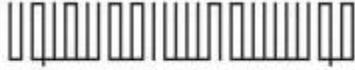
**Location:** Al Madam Art Centre

**Ages:** 15+

**Languages:** English and Arabic



In this four-week course, participants will learn a variety of sewing techniques. They will develop skills in using a sewing machine, taking measurements, cutting patterns and tailoring. Participants are expected to have some knowledge about sewing machines and sewing basics before starting the course.



SHARJAH ART FOUNDATION

## WORKSHOPS

### **Artist Meetup and Picnic at the Garden**

Meetup for Youth and Adults

**Date:** Saturday, 11 January 2020

**Timings:** 11:00 am–2:00 pm

**Location:** The Urban Garden, Al Mureijah Square

**Ages:** 15+

**Language:** English

Emerging and established artists based in the UAE are invited to join this meetup in a relaxed garden setting to share, critique and discover one another's work and build a network of peers in Sharjah. This meetup is an excellent opportunity for artists to receive feedback on their ongoing work, discuss challenges, and exchange tips and tricks of the trade in a natural environment. Participants are encouraged to bring samples of their work that they wish to share with the rest of the group. As this picnic is a potluck, participants are also asked to bring along a homemade dish to share with the rest of the group.

### **The Art of Trekking: Exploring the Familiar**

Excursion for Adults

With May Rashed

**Date:** Saturday, 18 January 2020

**Timings:** 8:00 am–4:00 pm

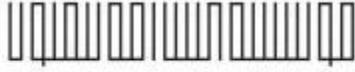
**Meeting point:** Information Centre, Al Mureijah Square

**Ages:** 18+

**Language:** Arabic

Participants are invited to embark on a trip to Umm Al Quwain with March Project 2019 artist May Rashed to study her method of gathering inspiration and ideas for her work through the exploration of both abandoned and familiar locations. As they engage with the artist, participants will gain a deeper understanding of the artistic process and brainstorming methods that can help them develop their own work.

Interested in stories of femininity and womanhood, Rashed is an interdisciplinary artist who uses elements from the environment, Sufism and spirituality in her practice. Her work has been exhibited at the Emirates Fine Arts Society, Sharjah (2013). She participated in the Salama bint Hamdan Emerging Artists Fellowship (2014) and interned at the UAE Pavilion, Venice Biennale (2011). Her March Project work was a series of digital prints titled 'The Good Woman'.



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## Photographing Landscapes in Khorfakkan

Photowalk for Youth and Adults  
With Mohammed Al Hammadi

**Date:** Saturday, 18 January 2020

**Timings:** 10:00 am–1:00 pm

**Meeting point:** Khorfakkan Art Centre

**Ages:** 16+

**Language:** Arabic

Led by photographer Mohammed Al Hammadi, participants will explore and photograph the landscapes of Khorfakkan. Throughout the photowalk, they will be encouraged to discover stories they can use to create a narrative for their photographs. Participants will also have the chance to meet and connect with fellow photographers and members of the Khorfakkan community.

## Mural Painting

Workshop for Adults

**Date:** Saturday, 25 January 2020

**Timings:** 10:00 am–5:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 18+

**Languages:** English and Arabic



In this workshop, participants will acquire the knowledge and practical skills needed to create a mural from start to finish. They will learn how to achieve a professional result—from producing the first sketch to making use of the different techniques needed to create the painted image on a stretched canvas.

## Photographing the Sharjah Mosque

Photowalk for Youth and Adults  
With Mohammed Al Hammadi

**Date:** Saturday, 1 February 2020

**Timings:** 4:00 am–6:00 pm

**Meeting point:** Al Madam Art Centre

**Ages:** 16+

**Language:** Arabic



Participants will journey from Khorfakkan to visit the new Sharjah Mosque at the intersection of Emirates and Mleiha Roads. Led by photographer Mohammed Al Hammadi, they will explore and photograph the unique architecture of the mosque, perhaps discovering stories they can use to create a narrative for their photographs. Participants will also have the chance to meet and connect with fellow photographers from Khorfakkan.

## **Artist Meetup in Khorfakkan: Found Objects**

Meetup for Adults

**Date:** Saturday, 25 January 2020

**Timings:** 11:00 am–1:00 pm

**Location:** Khorfakkan Art Centre

**Ages:** 18+

**Language:** Arabic



Emerging and established artists based in the UAE are invited to join this meetup to share, critique and discover one another's work and build a network of peers in the eastern region of Sharjah. This meetup is an excellent opportunity for artists to receive feedback on their ongoing work, discuss challenges and exchange tips and tricks of the trade in a relaxed environment. Participants are encouraged to bring samples of their work that they wish to share with the rest of the group. The theme of this session will be found objects.

## **Guerilla Gardening and Plant Sketchwalk**

Workshop for Youth and Adults

With Michael Metzger

**Date:** Saturday, 1 February 2020

**Timings:** 10:00 am–1:00 pm

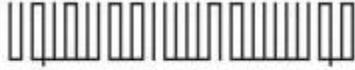
**Meeting point:** The Urban Garden, Al Mureijah Square

**Ages:** 15+

**Language:** English

In this workshop, participants will walk around #SAFneighbourhood to observe and identify the variety of plants growing in the cracks, sidewalks, nooks and alleyways of the neighbourhood, and then they will document what they have seen in their sketchbooks. Additionally, they will learn about and take part in guerilla gardening as a form of street art. They will attempt to grow plants and food crops by loosely distributing seeds in the areas listed above, thus inviting nature to grow organically in the neighbourhood.

Michael Metzger's workshops and courses focus on skills of traditional heritage, recycling and outdoor education. He conducts agricultural workshops and teaches desert survival techniques for various organisations in the UAE, including Abu Dhabi's Department of Tourism and Culture.



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## Monoprinting

Workshop for Adults

**Date:** Saturday, 1 February 2020

**Timings:** 10:00 am–2:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 18+

**Languages:** English and Arabic



In this workshop, participants will experiment with the art of printmaking without a press, using inking, line, paint, stencil and collage techniques to create a series of monoprints.

## Open Mic Night

Performance Activity for Youth and Adults

With Blank Space

**Date:** Friday, 7 February 2020

**Timings:** 6:30 pm–10:00 pm

**Location:** Mirage City Cinema, Al Mureijah Square

**Ages:** 15+

**Languages:** English and Arabic



In collaboration with Blank Space, Sharjah Art Foundation invites poets, musicians, performers and comedians, with all levels of experience, to join an open mic at Mirage City Cinema.

Blank Space is a community-driven open mic initiative co-founded by Mohammed Abdelhakam and Mathani Mohamed to showcase music, spoken word poetry, stand-up comedy and other performance arts.



SHARJAH ART FOUNDATION

### **Architectural Photowalk**

Workshop for Youth and Adults  
With Reem Khorshid

**Date:** Saturday, 8 February 2020

**Timings:** 2:00 pm–5:00 pm

**Meeting point:** Information Centre, Al Mureijah Square

**Ages:** 15+

**Language:** English

Participants will be invited to visit the Sharjah Architecture Triennial sites on a guided tour with UAE-based architect Reem Khorshid. They will capture installations and intricate architectural details with their photographic devices and develop an understanding of the history of the architecture in the city of Sharjah.

Khorshid is lead researcher for Building Sharjah, an upcoming book about modern architecture in the emirate. She has been a speaker at the Arab Conference at Harvard; Gulf Architecture Symposium, Yale University; 10th Gulf Research Meeting, University of Cambridge; and Jameel Arts Centre, Dubai.

### **Poetry Open Mic in Al Madam**

Performance Activity for Youth and Adults

**Date:** Saturday, 8 February 2020

**Timings:** 4:00 pm–7:00 pm

**Location:** Al Madam Art Centre

**Ages:** 15+

**Language:** Arabic



Sharjah Art Foundation invites poets and *shellah* performers to join this poetry open mic in Al Madam. *Shellah* is a type of melodic Bedouin poetry often performed at large gatherings and celebrations. At this performance event, participants can recite poetry they have written and/or perform the work of other poets. Participants are welcome to register in advance or during the event.

**Film Wala: *Sultan* (2016)**

Director: Ali Abbas Zafar

Action Drama | 2 hrs 50 min

**Date:** Thursday, 13 February 2020

**Timings:** 8:00 pm–11:30 pm

**Location:** Arts Square

**Ages:** 13+ (Film rated PG13)

**Languages:** Hindi (with Arabic and English subtitles)

*Sultan* follows wrestling legend Sultan Ali Khan, who aspires to represent India at the Olympics. He meets another wrestler, Aarfa, and their romance and aspirations grow together through a rigorous journey of failure and glory. This film tells a story about overcoming challenges and rising up against the odds.

Film Wala is an initiative that celebrates the diverse backgrounds and languages of Sharjah Art Foundation staff members and neighbourhood residents through hand-picked film screenings. Foundation staff members are invited to nominate some of their favourite films. The selected films focus on themes of nostalgia, home and popular culture.

The film *Sultan* will be screened in Arts Square opposite Sharjah Art Museum, the scene of many commissioned art works and performances as well as a popular location for children's games and family walks.

**Documenting and Archiving Sharjah Architecture**

Workshop and Excursion for Adults

**Date:** Saturday, 15 February 2020

**Timings:** 10:00 am–5:00 pm

**Meeting point:** [Collections Building, Arts Square](#)

**Ages:** 18+

**Languages:** English and Arabic



This workshop will introduce participants to important architectural sites in Sharjah and focus on the photography skills required to document and archive an architectural icon clearly and beautifully. During a walk led by an architect, participants will explore the Heart of Sharjah area, take photos and discuss the sites visited.

## **Culinary Explorations: Making *Betheeth***

Workshop for Youth and Adults

With Shefa Al Hammadi

**Date:** Saturday, 21 February 2020

**Timings:** 10:00 am–1:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 15+

**Languages:** English and Arabic



The aroma of toasted flour, almonds and cardamom from the traditional dessert *betheeth* is often associated with the beginning of winter in Emirati households. In this workshop, participants will engage with regular members of the Public Majlis in the Heart of Sharjah as they listen to their stories associated with traditional Emirati sweets. Then they will work together to make the Emirati winter dessert.

## **Light Painting Photography**

Workshop for Adults

**Date:** Saturday, 22 February 2020

**Timings:** 10:00 am–1:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 18+

**Languages:** English and Arabic



This workshop will introduce participants to the form of art photography known as light painting. In a dark space, they will use handheld artificial lights to paint in the air while the shutter of a camera is left open for a long exposure time. The resulting photographic images will capture the unique patterns and streaks made with the lights. Participants need to bring their own DSLR camera to the workshop. Tripods and other gear will be provided. This workshop is open to all experience levels.

## Portrait Photography

Workshop for Adults

**Date:** Saturday, 29 February 2020

**Timings:** 10:00 am–1:00 pm

**Location:** Collections Building, Arts Square

**Ages:** 18+

**Languages:** English and Arabic



In this workshop, participants will learn how to work efficiently both behind and in front of the camera to create compelling portrait photos. They will find a creative outlet for their artistic talent as they learn to choose an appropriate background, prepare their subject and adjust lighting and focal length.

## Make Your Own Watercolour Paint at the Souq

Workshop for Youth and Adults

With Rania Jishi

**Date:** Saturday, 29 February 2020

**Timings:** 10:00 am–1:00 pm

**Meeting point:** Collections Building, Arts Square

**Ages:** 15+

**Language:** English

Participants in this workshop will create their own watercolour paints from scratch using ingredients, pigments and binding agents commonly found at #SAFneighbourhood souqs. They will explore Souq Saqr's numerous traditional spice and herb shops in search of ingredients and later regroup at the Collections Building, where they will learn how to mix and create their own functional set of watercolour paints to take home.

### **Comic Artist Meetup**

Meetup for Youth and Adults

**Date:** Saturday, 7 March 2020

**Timings:** 3:00 pm–6:00 pm

**Location:** Bait Obaid Al Shamsi

**Ages:** 15+

**Language:** English

Emerging and established comic artists based in the UAE are invited to join this meetup to share, critique and discover one another's work and build a network of peers in Sharjah. During the meetup, each participant will contribute a comic, which will be combined with those by other participants to create a comic story. This meetup is an excellent opportunity for the artists to receive feedback on their ongoing work, discuss challenges, and exchange tips and tricks of the trade in a relaxed environment. Artists are encouraged to bring a number of works to share with the rest of the group.

### **Open Mic Night in Khorfakkan**

Open Mic for Youth and Adults

**Date:** Saturday, 7 March 2020

**Timings:** 6:30 pm–10:00 pm

**Location:** Khorfakkan Art Centre

**Ages:** 15+

**Languages:** English and Arabic



Sharjah Art Foundation invites poets, musicians, performers and comedians, with all levels of experience, to join an open mic night at the Khorfakkan Art Centre. Participants are welcome to register in advance or during the event.