

22 June 2019 –  
24 August 2019

## Summer 2019 Community Outreach Programme

Committed to growing the local creative community, Sharjah Art Foundation's Community Outreach Programme offers a number of opportunities for participants aged 16 and older to come together and experience the rich artistic heritage and dramatic landscapes of Sharjah. The programme's immersive activities, which span a broad range of cultural and visual arts, emphasise public participation, urban research, sustainability and creativity. All activities are facilitated by experienced professionals, art and cultural enthusiasts, and/or members of the communities, with sessions conducted in both English and Arabic, according to the needs of the participants.

Running from 22 June to 24 August 2019, the Summer 2019 Community Outreach Programme includes a range of engaging workshops, meet-ups and collaborations. During this season, participants can learn about traditional food preservation methods, summer gardening, digital art and cultural crafts.

All Community Outreach Programme events are free and open to the public, Materials and equipment for workshops are provided by Sharjah Art Foundation.

The foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included in Education and Community Outreach Programme descriptions to indicate the accessibility of individual sessions.

Kindly contact the Community Outreach Programme in advance to arrange any support needed during the workshops or other activities.

### Key to symbols:



Blindness or low vision



Hearing impairment



Physical disabilities



Down's syndrome



Autism spectrum disorder (ASD)

For further information, email [community@sharjahart.org](mailto:community@sharjahart.org) or call (06) 5685050, ext. 26 or 54.

To register, please visit [www.sharjahart.org/sharjah-art-foundation/events](http://www.sharjahart.org/sharjah-art-foundation/events)

## Workshops, Meetups and Culinary Explorations

### Workshop: Principles of Al Qatt Art

With Tamashee

Saturday, 22 June 2019

11:00 am–3:00 pm

Gallery 2, Al Mureijah Square

Accessible for  

In this workshop, participants will be introduced to Al-Qatt art as an old artform that consists of geometric shapes which adorned the inner walls of homes in Asir, a southern province of the Kingdom of Saudi Arabia. Participants will also learn how this artform has played into Asir's architectural design, interior decorations, folklore and dances, all of which inspired the designs and concepts behind Tamashee's products. During this workshop, Tamashee's team will demonstrate Al Qatt art basics, dyes, components, symbols, and how to create your own Al Qatt design on camel leather.

### Workshop: Sign Language Basics

In collaboration with the Education Programme for People with Disabilities

With Abelsalam Mohammed

Saturday, 29 June 2019

5:00 pm–8:00 pm

Gallery 2, Al Mureijah Square

Accessible for all

In this interactive workshop, participants will be introduced to the basic principles of UAE sign language. They will learn how to sign numbers, letters of the alphabet and commonly used phrases and then engage in a simple conversation.

### Music Exchange and Meetup

Saturday, 13 July 2019

4:00 pm–6:30 pm

Collections Building, Arts Square

Accessible to    

Keen on nurturing growing communities of musical performers, hobbyists and enthusiasts, Sharjah Art Foundation invites musicians of all skill levels to come together with others in their field to discuss a range of musical topics. Whether singers, rappers, instrumentalists, music producers or critics, all are invited to share their skills and build a network of peers in Sharjah. This meetup is also a good chance for participants to exchange tricks of the trade, receive feedback about processes and meet new talent in a relaxed environment.

## **Workshop: Sustainable Indoor Gardening**

**The Habitat Plant Shop**

Saturday, 20 July 2019

3:00 pm–7:00 pm

Gallery 3/5, Al Mureijah Square

Accessible to 

In the heat of the summer, gardening can often be a challenging task, but with correct instructions, it can be an enjoyable, convenient and productive activity. Participants in this workshop will be introduced to various methods of indoor gardening that use repurposed materials such as containers to facilitate the sustainable, waste-free life cycle of a plant. They will learn which soil composition, pot sizes and plant types are most suitable for growing a plant or vegetable in an indoor environment.


## **Food Enthusiasts' Meetup**

With Nahla Al Tabbaa

Saturday, 27 July 2019

11:00 am–2:00 pm

Fen Café, Al Mureijah

Accessible to 

Chefs, cooks and food enthusiasts of all skill levels are invited to this meetup to delve into the topic of nostalgia and memory in food, and discuss Sharjah's dynamic culinary scene as a melting pot and memory bank of flavours. Participants are invited to share their childhood food memories and reflect on how taste, scent and ingredients can inspire new recipes. They will then enjoy a feast curated by Fen Café and Restaurant Head Chef, Marco Padre, that is inspired by his childhood memories of food.

Nahla Al Tabbaa is a curator and navigator with food tourism company Frying Pan Adventures, and a voracious experimenter in the kitchen. Her commitment to daily cooking and slow-living stems from a spiritual and meditative promise to herself, and an appetite and urgency to preserve the recipes of her life experiences. She completed her MA in Curatorial Practice from Bath School of Art and Design in 2012.

## **Workshop: Digital Illustration at Sharjah's Fresh Produce Market**

**In collaboration with Apple**

Saturday, 3 August 2019

10:00 am–1:00 pm

Souq Al Jubail

In this workshop, participants will discover Souq Al Jubail, Sharjah's largest fresh produce market, and make digital sketches using Apple's iPad Pro as

they experience a guided sensory tour of the market's colourful sights, insistent sounds and enticing smells. As they wander around the vibrant market, participants will be introduced to various methods for creating digital artwork on the go with iPad Pro. They will enhance their ability to portray characters, movement, food and atmosphere in a lively setting and learn how to be at ease when drawing in public. This workshop is suitable for participants of all levels, from beginners to professionals.

### **Culinary Explorations: Food Preservation Methods**

**TBA**

Saturday, 24 August 2019

11:00 am–2:00 pm

Collections Building, Arts Square

Accessible to  

Under the theme of summer hibernation, participants will explore a range of traditional food preservation methods used in regional cuisine. The session will start with a presentation highlighting the main food preservation techniques and important regional flavours. Typical dishes include *sehna* and *maleh* (two kinds of dried Emirati fish preserved in salt), pickled vegetables and preserved jams. Participants will learn the cultural significance of the regional food preservation methods and end the session with a tasting of the preserved foods that were discussed.

