

Autumn 2018 Disabilities Education Programme 15 September to 27 November



The Autumn 2018 Disabilities Education Programme, scheduled from 15 September to 27 November, includes a wide range of educational offerings for individuals with physical, learning and developmental difficulties to help them discover new ways of self-expression through art. Designed for participants aged 7 and above, all workshops are facilitated by experienced professionals. Sessions are conducted in English and Arabic, according to the needs of the participants.

Disabilities Education Programme workshops are free and open to the public. Materials and equipment for the sessions will be provided by the foundation.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included in all Education and Community Programme descriptions to indicate the accessibility of individual sessions.

Key to symbols:



Person who is blind or has low vision



Person who is deaf, hard of hearing or has auditory disorders



Person with physical disabilities



Person with Down's syndrome



Person with autism spectrum disorder (ASD)

Kindly contact Disabilities Education in advance to arrange any support needed during the workshops.

For further information, email disabilities.education@sharjahart.org or call (06) 5685050.

Autumn 2018 Sessions

Family Workshop: Pressing Dried Flowers in Glass

Saturday, 15 September 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

All ages



Taking inspiration from nature, participants will press dried flowers between two panes of glass to create a unique wall hanging that gives the impression of floating flowers. This workshop is an opportunity for participants to develop design skills and create an artwork that can decorate the home.

Workshop: Button Craft Art

Tuesday, 18 September 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, participants will trace a drawing on a 10 cm x 10 cm canvas. After colouring it in with acrylic colours, they will place buttons of different colours and sizes on the canvas to create a design. The finished product will be a unique handmade artwork.

Family Workshop: Introduction to Fashion Sketching

In collaboration with Adult Education

Saturday, 22 September 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 16+



This workshop will begin with a brief introduction to the art of fashion designing. Then participants will learn about the process of fashion sketching, starting with creating their croquis, adjusting measurements to ensure the proper proportions, and drawing clothing with printed fabrics and realistic folds.

Workshop: One-Line Portraits

Tuesday, 25 September 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+



After a quick demonstration by the instructor of the one-line technique, participants in this workshop will draw a portrait. Once they have finished their portrait, they will transfer their drawing to a canvas and paint it using acrylic colours. They will let their creativity flow while they learn to mix a limited palette of primary colours. This workshop is open to participants of all skill levels. Those who want to paint a self-portrait should bring a photo printed on A3 paper.

Workshop: Repetitive Forms

In collaboration with the Children's Education Programme

Saturday, 29 September 2018

10:00 am–12:00 pm

Collections Building, Arts Square

Ages: 11 – 15



In this workshop, participants will learn how to create a sense of movement in an artwork by repeating a particular figure or form. They will be given similar figures, which they can arrange in a variety of repetitive patterns and designs.

Workshop: Make Stained Glass with Tissue Paper

Tuesday, 2 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, participants will create colourful 'stained glass windows' using wax paper, coloured tissue paper and liquid starch. Their finished artworks will be perfect for hanging in a window where the sunlight can shine through them.

Family Workshop: Discover Abstract Art

In collaboration with Adult Education

Saturday, 6 October 2018

10:00 am–1:00 pm

Art for All Centre, Al Mureijah

All ages



Participants will be introduced to Frank Bowling's artwork *Mappa Mundi* during a tour of the exhibition gallery. After a brief introduction to concept development, participants will use acrylic paint to create their own interpretation of *Mappa Mundi* on a shared canvas roll. This workshop is an excellent opportunity for participants to improve their painting skills or experiment with acrylics for the first time.

Workshop: Make Your Own Lighting Fixture

Tuesday, 9 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Participants in this workshop will experiment with two different ways to create their own lighting fixtures. Firstly, they will use woven hemp to make a chandelier or lamp. Secondly, they will decorate wooden craft sticks to produce a candle holder.

Workshop: Pressing Leaves

In collaboration with the Children's Education Programme

Saturday, 13 October 2018

10:00 am–12:00 pm

Collections Building, Arts Square

Ages: 6 – 10



In this workshop, participants will learn the technique of pressing leaves, which can be used to make different objects such as bookmarks and frames.

Workshop: Untraditional Installations

Tuesday, 16 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Participants in this workshop will briefly tour the Sharjah Art Foundation exhibition of Ala Younis' work to learn about the concepts behind her artwork. Then they will create their own artworks inspired by her philosophies. They will turn a variety of artistic and cultural materials not traditionally used for art into intriguing treasures.

Family Workshop: Street Art Paste-Ups

Saturday, 20 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 11+



The workshop will introduce participants to the process of creating a hand-made paste-up, a type of street art. Using a number of articles and photos for inspiration, participants will produce a series of drawings, including portraits and texts, which will later be fixed and displayed on walls and other surfaces around the neighborhood.

Workshop: Yarn Art Paintings

Tuesday, 23 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, participants will create artworks using yarn. They will first dip lengths of yarn in watered-down glue, arrange the yarn on mat board to produce patterns and designs and then let their work dry. Finally, they will paint their artwork in sections, leaving the yarn as the more defined line element.

Workshop: 3D Cardboard Portraits

Tuesday, 30 October 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



In this workshop, participants will use cardboard to create fun character portraits. They will make the original features of the portrait subjects out of cardboard and then use black markers to add more detail and acrylics to add more colour. The final product will be their own customized cardboard character, which can be used for acting out cartoons and taking photographs.

Family Workshop: Make a Rainbow Sun Catcher

Saturday, 3 November 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

All ages



To make their sun catcher, participants will use pony beads that are opaque as well as beads that are coloured but transparent to let the light shine through them. Participants will thread the beads onto strings so that the beads will form a picture of a rainbow when they are hung together. Participants can stick their sun catcher to a window and wait for some sunshine to bring it to life.

Workshop: Introduction to Pointillism

Tuesday, 6 November 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Pointillism is a painting and drawing technique in which small dots of colour are arranged in patterns to form images. Participants in this workshop will learn the basics of the pointillism technique and use cotton buds (Q-tips) to draw whatever they want with colours they like.

Workshop: Sound Sculptures

In collaboration with the Children's Education Programme

Saturday, 10 November 2018

10:00 am–12:00 pm

Ages: 6–10



Informed by the works of Production Programme artist Khaled Kaddal, participants will construct a large structure with materials such as metal and wood. After finishing the structure, they will explore how different sounds are produced by the various materials and within the forms they have created.

Workshop: Shadow Tracing

Tuesday, 13 November 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Participants in this workshop will trace shadows of objects such as plastic animals, toys and geometric forms and learn where objects should be placed and at which angle so they can draw the shadows properly. Participants can also add features and colours to their drawings so they can express more about the objects and make their artworks unique.

Workshop: Natural Portraits

In collaboration with the Children's Education Programme

Saturday, 17 November 2018

10:00 am–12:00 pm

Ages: 6–10



In this workshop, participants will collect a variety of natural objects that they find in The Urban Garden and use them to make portraits. This workshop will show participants the possibility of transforming natural objects into artworks.

Workshop: Indian-Style Wall Hanging

Tuesday, 20 November 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Participants in this workshop will make a wall hanging similar to an Indian decoration with bright colours and shiny sequins. They will cut pieces of felt into the shape of elephants, which often appear in Indian arts and crafts, and stuff the felt with cotton. Then they will create a vertical string of beads in contrasting colours with elephant decorations.

Family Workshop and Excursion: Equine Photography

In collaboration with FUNN Sharjah, Media Arts for Youth and Children

Saturday, 24 November 2018

10:00 am–1:00 pm

Meeting point: Sharjah Art Museum

All ages



Participants will be transported by bus to the Sharjah Equestrian and Racing Club, where they will learn some photography basics, take photos of horses and end the session with a horse ride. When the session is over, buses will take participants back to Sharjah Art Museum.

FUNN – Sharjah Media Arts for Youth and Children- is an organization established by Sharjah government (under the patronage of Her Highness Sheikha Jawaher Al Qasimi, wife of His Highness, the Ruler of Sharjah) to promote and support the Media Arts (animation, film making, graphic design etc.) for young children and the youth of Sharjah and UAE.

Workshop: Design Clothes with Paper and Card

Tuesday, 27 November 2018

10:00 am–12:00 pm

Art for All Centre, Al Mureijah

Ages: 7+



Participants in this workshop will learn how to make wearable items out of paper and card. They will come up with ideas for their clothing creations based on a theme of their choice.