Spring 2019 Education Programme for People with Disabilities
19 March – 2 May 2019

The Spring 2019 Education Programme for People with Disabilities, scheduled from 19 March to 2 May, has been inspired and informed by the work of Sharjah Biennial 14 artists. It includes a wide range of educational offerings for individuals with physical, learning and developmental difficulties. The workshops are designed to help people with disabilities aged 7 and above to discover new ways of self-expression through art. All workshops are facilitated by experienced professionals, and sessions are conducted in English and Arabic, according to the needs of the participants.

Workshops organised by the Education Programme for People with Disabilities are free and open to the public. Materials and equipment for the sessions will be provided by the foundation, and workshops will take place either in Al Mureijah or Arts Square in the city of Sharjah, unless otherwise noted.

Sharjah Art Foundation is committed to making its programmes as inclusive and accessible as possible. Disability access symbols are included in all Education and Community Programme descriptions to indicate the accessibility of individual sessions.

Key to symbols:

- Blindness or low vision
- Hearing impairment
- Physical disabilities
- Down syndrome
- Autism spectrum disorder (ASD)

*Kindly contact the Education Programme for People with Disabilities in advance to arrange any support needed during the workshops.*

For further information, email disabilities.education@sharjahart.org or call (06) 5685050.
Spring 2019 Workshops and Excursions

**Workshop: Make, Explore and Paint Rainbows**  
Tuesday, 19 March 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
3+  

In parallel with the art work of Aline Baiane (*Alliance for a Sunny World*), participants will explore how various mediums could create rainbow reflections and then draw and colour their own version of a rainbow.

**Workshop: Create Your Own Stool Chair**  
Thursday, 21 March 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
7+  

Inspired by the embellished carved wooden ceremonial stools of Leo Asemota (*The Ens Project*), participants in this workshop will create various designs on stool chairs using markers and colours. They can take the stools home at the end of the workshop.

**Family Workshop: Drawing Boats on the Sharjah Corniche**  
Saturday, 23 March 2019  
10:00 am–12:00 pm  
Bait Al-Obail Shamsi, Arts Square  
All Ages  

Inspired by the work of artist Alia Farid, who uses boats as a medium of communication between cultures, participants will be taken to the rooftop at Bait Al Obaid Shamsi, where they will draw boats like the ones they see along the Sharjah Corniche.

**Workshop: Puppet Theatre**  
Tuesday, 26 March 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
5+  

In line with the theatrical performance theme in Peter Friedl’s art work *No prey, no pay*, participants will attend a puppet show, and later they will make their own finger puppets.
Workshop: Wigs and Hat Making  
Thursday, 28 March 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
7+  

Artist Meshac Gaba builds on his fascination with cityscapes to create elaborate head pieces and wigs. For this workshop, participants will first visit Gaba’s exhibit for inspiration and then create their own head gear using a variety of materials.

Workshop: Women Heroes  
Tuesday, 16 April 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
7+  

Drawing inspiration from Alfredo Jaar’s 33 Women, this workshop celebrates women heroes. The session starts with a short introduction to some of the most notable women in history, and then participants can draw inspiration from these women or choose their own female heroes. They will be given several different mediums to create portraits depicting their female heroes.

Workshop: Modern Islamic Art Workshop  
Thursday, 18 April 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
11+  

Anwar Jalal Shemza reinvents Islamic art using modern motifs and Western aesthetics. In this workshop, participants will first visit Shemza’s Islamic art exhibition for inspiration. Then they will be equipped with several mediums and tools so they can recreate their own rendition of the artist’s works using circle and square motifs as well as a Spirograph to create geometrical shapes prevalent in Islamic art.

Family Workshop: Making Colourful Fleece Blankets  
Saturday, 20 April 2019  
10:00 am–12:00 pm  
Art for All Centre, Al Mureijah  
All Ages  

After collecting vintage saris from around the world, artist Suchitra Mattai wove them together to create an intimate textile topography in the form of a beautiful and colourful blanket. For this workshop, participants will first visit the artist’s work and then create their own colourful fleece blankets, which they can take home.
**Workshop: Letter Writing Project**
Tuesday, 23 April 2019
10:00 am–12:00 pm
Art for All Centre, Al Mureijah
8+

When artist Lee Mingwei’s grandmother passed away, he still had many things to say to her but it was too late. For the next year and a half, he wrote many letters to her and shared his thoughts and feelings with her. The artist’s *Letter Writing Project* is a platform where visitors can write the letters they had always meant to write but have never taken the time to do so. In a similar fashion, participants in this workshop will learn the basics of letter writing, create their own postcards and then head to the nearby post office to mail them to loved ones.

**Non-Biennial Workshop and Excursion: Equine Photography**
Thursday, 25 April 2019
9:00 am – 12:00 pm
Meeting point: Sharjah Art Museum
Destination: Sharjah Equestrian and Racing Club
11+

Unrelated to Sharjah Biennial 14, this workshop is back by popular demand. Participants will be transported by bus to the Sharjah Equestrian and Racing Club, where they will learn some photography basics, take photos of horses and end the session with a horse ride. When the session is over, buses will take participants back to Sharjah Art Museum.

**Excursion: Visit to Sharjah’s Maritime Museum**
Tuesday, 30 April 2019
10:00 am – 12:00 pm
Meeting point: Art for All Centre, Al Mureijah
7+

Inspired by the work of Astrid Klein who delves into the UAE’s maritime history, participants will be taken to the Maritime Museum in Sharjah.

**Non-Biennial Workshop: Ramadan Lanterns**
Thursday, 2 May 2019
10:00 am–12:00 pm
Art for All Centre, Al Mureijah
7+

Participants will create their own upcycled lanterns with recycled bottles and use Islamic-inspired patterns to decorate them. The lanterns will be used to decorate the Urban Garden for the holy month of Ramadan.