The SB13 Community and Outreach Programme offers a variety of engaging community workshops and excursions inspired by the key words of water, crops, earth and the culinary. These immersive workshops, emphasising public participation, urban research, sustainability and creativity, will take place in Al Mureijah Square, Arts Square, the Urban Garden, #SAFneighbourhood and the surrounding area.

**Workshops**

**EXCURSION: EMIRATI HERBAL HOME BREWS**
In collaboration with Homa Al Hashimi
Saturday, 18 March 2017
2:00 pm—7:00 pm
Meeting point: Information Centre, Al Mureijah Square
Ages: 15+

Following a focused tour of SB13: Tamawuj at Al Mureijah Square, participants will gather at Bait Hussain Makrani for a talk and workshop about the medicinal properties of plants and herbs. Pointing out that the powers of natural remedies are often overlooked, Homa Al Hashimi will give a talk about plants and herbs available in local supermarkets, explaining how her background in biology as well as generation upon generation of remedies has shaped her knowledge of how to best use these plants to feed and heal her family. This talk will be followed by a walk through the vibrant spice souq, where participants will be introduced to the variety of available herbs and spices and their medicinal properties. Al Hashimi will demonstrate ways to make simple herbal remedy brews using different combinations of these ingredients.

**OPEN DAY: SEED SWAP AND POTLUCK LUNCH**
In collaboration with Slow Living
Saturday, 25 March 2017
12:00 pm—5:00 pm
Meeting point: The Urban Garden
All ages

Following a focused tour of SB13: Tamawuj, participants will gather in the Urban Garden, where Laura Allais-Maré, founder of Slow Food Dubai, will speak about the challenges faced in the region when cultivating soil and ways to regenerate desert sand as an alternative. The talk will be followed by a seed-and-plant swap, during which participants will be invited to exchange plants, seeds and other items related to gardening that they have brought with them. The day will conclude with a potluck bring-and-share meal, for which participants will bring a dish from home that incorporates herbs or greens readily found in the UAE.
ROUND-TABLE DISCUSSION: DECONSTRUCTING URBAN MYTHS AND URBAN LEGENDS
Saturday, 8 April 2017
5:30 pm—8:30 pm
Meeting point: The Urban Garden
Ages: 18+

Following a tour of SB13: Tamawuj, and inspired by curator Lara Khalidi’s research on the theme of Earth as an infrastructure built upon literature such as urban myths, popular culture and folklore, participants will discuss local urban myths and their relationship with mental illness as well as urban legends in technology, such as viruses and chain emails, in an informal round-table discussion in Urban Garden.

#SB13PHOTOWALK 1
Tuesday, 11 April 2017
12:00 pm—5:00pm
Meeting point: Al Mureijah Square
Ages: 15+

Participants will embark on a guided tour of SB13: Tamawuj, discover Sharjah’s Arts Area and explore the narratives of #SAFneighbourhood. They will journey through heritage houses, dine in a secret location, engage with SB13 artworks and enjoy connecting with fellow members of the social media and photography community.

As the number of participants is limited, anyone interested in attending should send an email to community@sharjahart.org to register.

EXCURSION: GYOTAKU PRINTING AT THE FISH AUCTION
Supported by Souq Al Jubail, in collaboration with Rania Jishi
Saturday, 22 April 2017
2:00 pm—7:00 pm
Meeting points: Souq Al Jubail, followed by Al Mureijah Square
Ages: 18+

Exploring Sharjah’s busy waterfront and Port Khalid, participants will understand the journey fishermen take to catch fish and sell them at Souq Al Jubail fish auctions. How are prices determined? What are some of the legal challenges? Participants will witness all stages of the energetic fish auction at Souq Al Jubail, from the queuing of the fish to be auctioned, to the rhythmic chants of the auctioneers, to the cleaning and distribution of the fish. After the auction, participants will print fish portraits on paper using natural inks and dyes from food and spices. Inspired by gyotaku, a Japanese method of making prints of fish using non-toxic ink and the fish itself, these printed portraits will offer detailed depictions of the natural textures and patterns of different species of fish.

Transportation between Al Mureijah Square and Souq Al Jubail will be provided.
#SB13PHOTOWALK 2  
Saturday, 29 April 2017  
12:00 pm—5:00pm  
Meeting point: The Flying Saucer  
Ages: 15+  

Participants will embark on a guided tour of two SB13: Tamawuj off-site locations: the iconic Flying Saucer and the newly converted Al Hamriyah market. They will explore the nearby fishermen’s village of Al Hamriyah; learn how to prepare maleh, traditional Emirati fish preserved with rock salt; and end the day with a beach picnic of traditional snacks. They will also engage with SB13 artworks and enjoy connecting with fellow members of the social media and photography community.  

Transportation between the Flying Saucer and Al Hamriyah will be provided.  

As the number of participants is limited, anyone interested in attending should send an email to community@sharjahart.org to register.

EXCURSION: EXPLORING THE EMIRATI SWEET TOOTH  
Saturday, 6 May 2017  
11:00 am—2:00 pm  
Meeting point: Bait Al Serkal, Arts Square  
Ages: 18+  

#SAFneighbourhood is peppered with supermarkets and specialty stores selling sweets that trigger nostalgic memories for those who grew up in the UAE. Store displays in the neighbourhood are often enhanced by the strong aroma emanating from the Tiffany Biscuit factory across the creek in Port Khalid. In this session, participants will first explore a specialty candy store in the Iranian Souq, Arts Area. The owner of the shop will take participants on a flavourful tour of the sweets, speaking about trends, ingredients and origins. Participants will then take a water taxi from the Corniche to follow the biscuit aroma to the Tiffany Biscuit factory itself.  

As the number of participants is limited, anyone interested in attending should send an email to community@sharjahart.org to register.

EXCURSION: MEDICINAL PLANTS IN ISLAMIC CULTURE  
Supported by the Islamic Botanical Garden  
Saturday, 20 May 2017  
12:00 pm—5:00pm  
Meeting points: Information Centre, Al Mureijah Square, followed by the Islamic Botanical Garden  
Ages: 15+  

Following a focused tour of SB13: Tamawuj, participants will tour the Islamic Botanical Garden at Desert Park, which contains a collection of regional plants mentioned in the Holy Quran and hadiths for their medicinal and nutritional benefits. Participants will also explore a nutritious meal plan that is directly shaped by the plants presented.  

Transportation between Al Mureijah Square and the Islamic Botanical Garden will be provided.